

## **Commentary on the Gospel for Wed, Apr 25th 2018**

### **PLACE ALL YOUR WORRIES IN HIM SINCE HE TAKES CARE IF YOU**

We have a Sister in our convent who reached the ripe old age of 103. She never was operated on or stayed in the hospital. When asked about her life's secret, she answered: "Drink a lot of water and surrender yourself to God." What a practical and holy advice. She said that in the past she worried a lot about her family, if they are having enough to eat, if anyone is sick among them, if they have work, etc. Then one day, at prayer she seemed to hear God's voice in her soul saying: "Don't you think that I love your family more than you can ever love them? So from that time, on she put aside all her worries about her family and entrusted them to God. That is what we should do with our worries. We cannot really do anything to solve our problem by worrying about them. After we have done our best to look for the best solution, we should stop worrying and entrust them to God.

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