

Commentary on the Gospel for Wed, Jan 9th 2019

In the midst of a raging wind that tossed about the disciples, Jesus greets them with his reassuring presence: “*Take courage, it is I, do not be afraid!*”.

In life we may have the opportunity to witness the multiplication of loaves and fish as well as experience the violent wind. Be it a moment of wow or a moment of freezing fear, we must never forget that born for us is *Emmanuel* – God with us; he accompanies us through life; ‘For in him we live and move and have our being.’ (Acts 17:28).

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