

## **Commentary on the Gospel for Fri, Jul 29th 2011**

July 29th. St Martha

God sent Jesus to redeem us because he loves us so much. We, in return, need to love him and each other. It is necessary that we remember that Christ is in each one of us, so when we love people we love Christ; if we reject them we are rejecting Christ. Society looks down on many people especially those in need. We as Christians need to reject this and help those most in need, following the example of Christ. If we really follow Christ then we will be resurrected people, believing that we can overcome problems and one day fully enter the Kingdom of heaven.

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