# Commentary on the Gospel for Sun, Nov 6th 2011

# **REFLECTION**

## Lectio

• To meditate on Wisdom is understanding fully grown; whoever is on the watch for her will be free of anxiety.

### Meditatio

• Stressed out? That's because we rely so much on ourselves. Our security and satisfaction is in God alone.

### **Oratio**

• Taking time to pray and reflect on God's Word is a real necessity for our survival.

#### Actio

• Let us commit to pray with the Word of God using this Bible regularly.

BD