

## **Commentary on the Gospel for Wed, Dec 21st 2011**

Being filled with God's love cannot be contained, it has to be shared. Thus Mary set out to visit her cousin Elizabeth who was also filled with the Holy Spirit. She exclaimed that the blessedness of their situation and their encounter was a cause for much rejoicing. Mary and Elizabeth are a perfect example of the joy that we experience when we follow God's will in our lives.

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