

Commentary on the Gospel for Sat, Jan 28th 2012

St. Therese of Lisieux had this experience for most of her short life, she tells us: “Jesus was asleep in my little boat” she says casually here and there. It did not dismay her; she wasn’t greedy for ‘high’ experiences; she accepted it completely. “I think he comes to me to rest,” she said, “other people give him no rest at all.” This is how she made sense of the intense spiritual darkness that she lived in, ‘the dark night of the soul.’ She has much to teach us who are impatient to lift ourselves up and ‘manage’ our spiritual lives.

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