

Commentary on the Gospel for Sun, Jan 29th 2012

REFLECTION Lectio Divina

Sunday

Read

Mark 1: 21-28: Jesus begins his ministry of healing. He has power over all evil and all unclean spirits.

Reflect:

If Jesus has power over all evil, especially physical evil, why is there so much suffering in our world? Is it all right to pray for physical healing? What if the healing does not take place? Are physical pain and suffering related to sin?

Pray:

Faithful followers can pray for anything they want. Praying for another's physical healing helps that person, since it signifies love and concern.

Act:

Talk to someone who is ill. Visit a sick friend. Volunteer in a hospital.

BD