

## Readings: Thursday 15th Week in Ordinary Time Year 1

### First Reading: *Exodus 3:13-20*

Moses, hearing the voice of the Lord from the burning bush, said to him,

“When I go to the children of Israel and say to them,  
‘The God of your fathers has sent me to you,’  
if they ask me, ‘What is his name?’ what am I to tell them?”

God replied, “I am who am.”

Then he added, “This is what you shall tell the children of Israel:

I AM sent me to you.”

God spoke further to Moses, “Thus shall you say to the children of Israel:

The Lord, the God of your fathers,  
the God of Abraham, the God of Isaac, the God of Jacob,  
has sent me to you.

“This is my name forever;  
this my title for all generations.

“Go and assemble the elders of Israel, and tell them:

The Lord, the God of your fathers,  
the God of Abraham, Isaac, and Jacob,  
has appeared to me and said:

I am concerned about you  
and about the way you are being treated in Egypt;  
so I have decided to lead you up out of the misery of Egypt  
into the land of the Canaanites, Hittites, Amorites,  
Perizzites, Hivites, and Jebusites,  
a land flowing with milk and honey.

“Thus they will heed your message.

Then you and the elders of Israel

shall go to the king of Egypt and say to him:

“The Lord, the God of the Hebrews, has sent us word.

Permit us, then, to go a three-days’ journey in the desert,  
that we may offer sacrifice to the Lord, our God.

“Yet I know that the king of Egypt will not allow you to go  
unless he is forced.

I will stretch out my hand, therefore,

and smite Egypt by doing all kinds of wondrous deeds there.

After that he will send you away.”

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### Responsorial Psalm: *Psalm 105:1 and 5, 8-9, 24-25, 26-27*

*R./ The Lord remembers his covenant for ever. or: Alleluia:*

Give thanks to the Lord, invoke his name;  
make known among the nations his deeds.

Recall the wondrous deeds that he has wrought,  
his portents, and the judgments he has uttered.

*R./ The Lord remembers his covenant for ever. or: Alleluia:*

He remembers forever his covenant  
which he made binding for a thousand generations—  
Which he entered into with Abraham  
and by his oath to Isaac.

*R./ The Lord remembers his covenant for ever. or: Alleluia:*

He greatly increased his people  
and made them stronger than their foes,  
Whose hearts he changed, so that they hated his people,  
and dealt deceitfully with his servants.

*R./ The Lord remembers his covenant for ever. or: Alleluia:*

He sent Moses his servant;  
Aaron, whom he had chosen.

They wrought his signs among them,  
and wonders in the land of Ham.

*R./ The Lord remembers his covenant for ever. or: Alleluia:*

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**Gospel Reading: [Matthew 11:28-30](#)**

Jesus said:

“Come to me, all you who labor and are burdened,  
and I will give you rest.

Take my yoke upon you and learn from me,  
for I am meek and humble of heart;  
and you will find rest for yourselves.

For my yoke is easy, and my burden light.”

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