

## Readings: Monday 18th Week in Ordinary Time Year 1

### First Reading: [Numbers 11:4b-15](#)

The children of Israel lamented,

“Would that we had meat for food!

We remember the fish we used to eat without cost in Egypt,  
and the cucumbers, the melons, the leeks,  
the onions, and the garlic.

But now we are famished;

we see nothing before us but this manna.”

Manna was like coriander seed and had the color of resin.

When they had gone about and gathered it up,  
the people would grind it between millstones or pound it in a mortar,  
then cook it in a pot and make it into loaves,  
which tasted like cakes made with oil.

At night, when the dew fell upon the camp, the manna also fell.

When Moses heard the people, family after family,  
crying at the entrance of their tents,  
so that the Lord became very angry, he was grieved.

“Why do you treat your servant so badly?” Moses asked the Lord.

“Why are you so displeased with me  
that you burden me with all this people?

Was it I who conceived all this people?

Or was it I who gave them birth,

that you tell me to carry them at my bosom,  
like a foster father carrying an infant,  
to the land you have promised under oath to their fathers?

Where can I get meat to give to all this people?

For they are crying to me,

‘Give us meat for our food.’

I cannot carry all this people by myself,  
for they are too heavy for me.

If this is the way you will deal with me,  
then please do me the favor of killing me at once,  
so that I need no longer face this distress.”

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### Responsorial Psalm: [Psalm 81:12-13, 14-15, 16-17](#)

*R./ Sing with joy to God our help.*

“My people heard not my voice,  
and Israel obeyed me not;  
So I gave them up to the hardness of their hearts;  
they walked according to their own counsels.”

*R./ Sing with joy to God our help.*

“If only my people would hear me,  
and Israel walk in my ways,  
Quickly would I humble their enemies;  
against their foes I would turn my hand.”

*R./ Sing with joy to God our help.*

“Those who hated the Lord would seek to flatter me,  
but their fate would endure forever,  
While Israel I would feed with the best of wheat,  
and with honey from the rock I would fill them.”

*R./ Sing with joy to God our help.*

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### **Gospel Reading: Matthew 14:22-36**

Jesus made the disciples get into a boat  
and precede him to the other side of the sea,  
while he dismissed the crowds.  
After doing so, he went up on the mountain by himself to pray.  
When it was evening he was there alone.  
Meanwhile the boat, already a few miles offshore,  
was being tossed about by the waves, for the wind was against it.  
During the fourth watch of the night,  
he came toward them, walking on the sea.  
When the disciples saw him walking on the sea they were terrified.  
“It is a ghost,” they said, and they cried out in fear.  
At once Jesus spoke to them, “Take courage, it is I; do not be afraid.”  
Peter said to him in reply,  
“Lord, if it is you, command me to come to you on the water.”  
He said, “Come.”  
Peter got out of the boat and began to walk on the water toward Jesus.  
But when he saw how strong the wind was he became frightened;  
and, beginning to sink, he cried out, “Lord, save me!”  
Immediately Jesus stretched out his hand and caught him,  
and said to him, “O you of little faith, why did you doubt?”  
After they got into the boat, the wind died down.  
Those who were in the boat did him homage, saying,  
“Truly, you are the Son of God.”  
After making the crossing, they came to land at Gennesaret.

When the men of that place recognized him,  
they sent word to all the surrounding country.  
People brought to him all those who were sick  
and begged him that they might touch only the tassel on his cloak,  
and as many as touched it were healed.

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