

# Readings: The Solemnity of the Body and Blood of Christ

First Reading: [Ex 24:3-8](#)

Moses came and told the people all the words of Yahweh and all his laws. The people replied with one voice: "Everything that Yahweh has said, we shall do."

Moses wrote down all the words of Yahweh, then rose early in the morning and built an altar at the foot of the mountain with twelve raised stones for the twelve tribes of Israel.

He then sent young men from among the sons of Israel to offer burnt offerings and sacrifice bullocks as peace offerings to Yahweh.

And Moses took half the blood and put it in basins; and with the other half of the blood he sprinkled the altar.

He then took the Book of the Covenant and read it in the hearing of the people. They said, "All that Yahweh said we shall do and obey."

Moses then took the blood and sprinkled it on the people saying, "Here is the blood of the covenant that Yahweh has made with you in accordance with all these words."

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Responsorial Psalm: [Ps 116:12-13, 15-16, 17-18](#)

**R/ I will take the cup of salvation, and call on the name of the Lord.**

**or: Alleluia.**

How shall I make a return to the LORD  
for all the good he has done for me?  
The cup of salvation I will take up,  
and I will call upon the name of the LORD.  
**R/ I will take the cup of salvation, and call on the name of the Lord.**

**or: Alleluia.**

Precious in the eyes of the LORD  
is the death of his faithful ones.  
I am your servant, the son of your handmaid;  
you have loosed my bonds.  
**R/ I will take the cup of salvation, and call on the name of the Lord.**

**or: Alleluia.**

To you will I offer sacrifice of thanksgiving,  
and I will call upon the name of the LORD.  
My vows to the LORD I will pay  
in the presence of all his people.  
**R/ I will take the cup of salvation, and call on the name of the Lord.**

**or: Alleluia.**

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Second Reading: [Heb 9:11-15](#)

Christ has appeared as the high priest with regard to the good things of these new times. He passed through a sanctuary more noble and perfect, not made by hands, that is, not created. He did not take with himself the blood of goats and bulls but his own blood, when he entered once and for all into this sanctuary after obtaining definitive redemption. If the sprinkling of people defiled by sin with the blood of goats and bulls or with the ashes of a heifer provides them with exterior cleanness and holiness, how much more will it be with the blood of Christ? He, moved by the eternal Spirit, offered himself as an unblemished victim to God and his blood cleanses us from dead works, so that we may serve the living God.

So Christ is the mediator of a new covenant or testament. His death made atonement for the sins committed under the old testament, and the promise is handed over to all who are called to the everlasting inheritance.

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**Gospel Reading: Mk 14:12-16, 22-26**

On the first day of the Festival of Unleavened Bread, the day when the Passover Lamb was killed, the disciples asked him, "Where would you have us go to prepare the Passover meal for you?"

So Jesus sent two of his disciples with these instructions, "Go into the city and there a man will come to you carrying a jar of water. Follow him to the house he enters and say to the owner, 'The Master says: Where is the room where I may eat the Passover meal with my disciples?' Then he will show you a large room upstairs, already arranged and furnished. There you will prepare for us." The disciples went off. When they reached the city, they found everything just as Jesus had told them; and they prepared the Passover meal.

While they were eating, Jesus took bread, blessed and broke it, and gave it to them. And he said, "Take this, it is my body." Then he took a cup and after he had given thanks, passed it to them and they all drank from it. And he said, "This is my blood, the blood of the Covenant, which is to be poured out for many.

Truly, I say to you, I will not taste the fruit of the vine again until the day I drink the new wine in the kingdom of God."

After singing psalms of praise, they went out to the Hill of Olives.

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