

Readings: Wednesday, 2nd Week of Adve

First Reading: [Is 40:25-31](#)

To whom can you liken me as an equal?

says the Holy One.
Lift up your eyes on high
and see who has created these things:
He leads out their army and numbers them,
calling them all by name.
By his great might and the strength of his power
not one of them is missing!
Why, O Jacob, do you say,
and declare, O Israel,
"My way is hidden from the LORD,
and my right is disregarded by my God?"
Do you not know
or have you not heard?
The LORD is the eternal God,
creator of the ends of the earth.
He does not faint nor grow weary,
and his knowledge is beyond scrutiny.
He gives strength to the fainting;
for the weak he makes vigor abound.
Though young men faint and grow weary,
and youths stagger and fall,
They that hope in the LORD will renew their strength,
they will soar as with eagles' wings;
They will run and not grow weary.

walk and not grow faint.

Responsorial Psalm: [Ps 103:1-2, 3 - 4, 8 and 10](#)

R/ O bless the Lord, my soul!

Bless the LORD, O my soul,
and all my being, bless his holy name.
Bless the LORD, O my soul,
and forget not all his benefits.
R/ O bless the Lord, my soul!

He pardons all your iniquities,
he heals all your ills.
He redeems your life from destruction,
he crowns you with kindness and compassion.

R/ O bless the Lord, my soul!

Merciful and gracious is the LORD,
slow to anger and abounding in kindness.
Not according to our sins does he deal with us,
nor does he requite us according to our crimes.

R/ O bless the Lord, my soul!

Gospel Reading: [Matthew 11:28-30](#)

Jesus said to the crowds: "Come to me, all you who work hard and who carry heavy burdens and I will refresh you. Take my yoke upon you and learn from me for I am gentle and humble of heart; and you will find rest. For my yoke is good and my burden is light."
