

# **Liturgy Alive of St Benedict, abbot, patron of Europe**

## **Introduction**

St. Benedict's time, between 480 and 550 A.D., was one of crisis much like ours, with the whole world of his era changing face. The Roman Empire was crumbling in the West, and whole peoples were migrating from continent to continent. Spiritual confusion was even greater. To the order of monks he founded, he gave a rule that is a model of balance and appealing to human capacities. Benedictine monasteries became for much of Europe centers of civilization and culture. Benedict is the patron saint of Europe and of Western monasticism.

## **Opening Prayer**

All-wise and loving God,  
St Benedict wisely told his monks  
to combine work with prayer.  
Never let us forget either of these two.  
Let our prayer inspire what we do  
to take up our task in life conscientiously  
and to use our God-given talents  
in the service of you and of people.  
We ask this through Christ our Lord.

## **Prayer over the Gifts**

Our loving God,  
with bread and wine we remember him  
who gave himself totally for others,  
your Son Jesus Christ.  
Everything was taken away from him  
except the certainty that he could count on you.  
Make us aware of the passing value of the things  
to which we attach ourselves.  
Set our hearts on the things  
that never devalue: you and our neighbor,  
justice, truth and generous love.  
We ask this through Christ our Lord.

## **Prayer after Communion**

Lord our God,  
by the power of this eucharist  
help us to see and to practice fully  
what it means to be a disciple of Jesus.  
Let us find serenity in him  
and learn to bring peace to others,

the peace of love and kindness,  
of forgiveness and mercy.  
We ask this through Christ our Lord.