

# Liturgy Alive of Feast of the Exaltation of the Holy Cross

## Greeting

Praise to God our Father,  
who loved us so much  
that he gave us his only Son,  
so that all who believe in him may have eternal life.  
May Jesus fill us with his life  
and be with you always. *R/ And also with you.*

## Introduction by the Celebrant

Crosses are always hard to carry and we are tempted to grumble and rebel in the pains and trials of life. But Jesus went ahead of us: he bore the cross for us and died on it, then he rose from the dead. God is stronger than death, and the foolishness and scandal of the cross has saved us from sin and death. The cross was Jesus' way to victory. For every disciple of Christ it is the way to life and resurrection. Let us join Jesus in this eucharist and celebrate with him the sacrifice of the cross.

## Penitential Act

How do we take crosses? Do we bear them with Christ?  
Is the Lord's cross to us a scandal  
or our hope and salvation?  
Let us examine ourselves before the Lord.  
(PAUSE)  
Lord, you saved us by your cross,  
yet crosses embarrass us, yours and ours.  
We easily revolt against them.  
  
Lord, have mercy. *R/ Lord, have mercy.*

Jesus Christ, you humbled yourself  
to bring us compassion and pardon,  
yet we seek honors and success.

Christ, have mercy. *R/ Christ, have mercy.*

Lord, the cross was your way to glory  
and we give a place of honor to your cross  
in our homes but not in our lives.

Lord, have mercy. *R/ Lord, have mercy.*

Have mercy on us, Lord,  
forgive us again and again;  
help us to bear our crosses with faith and love  
and lead us to everlasting life. *R/ Amen.*

## Opening Prayer

Let us pray to God that we may learn  
to bear our cross with his Son  
(PAUSE)  
Lord, God of loyalty,  
we are constantly under the threat  
of contesting our dependence on you  
and of blaming you for the evil in the world.  
Lord God, make us see  
the redeeming value of suffering.  
Give us the mentality of Jesus Christ:  
make us ready to be totally Christian,  
totally committed to you and to people,  
even at the cost of suffering.  
Give us the strength to follow all the way  
your Son, Jesus Christ our Lord. *R/ Amen*

## Liturgy of the Word

### First Reading Introduction: Saved by Faith in the Sign of Salvation

Tired and discouraged from their long journey and stay in the desert, the Hebrews lose faith in God and begin to revolt. God punishes them, but saves those who look up in faith to a sign of salvation.

### Second Reading Introduction:

### The Humiliated Christ Is Glorified

Jesus, God's Son himself, humbled himself by becoming someone like us and even more so by dying for us on the cross. This is why he is now our glorious Lord.

### Gospel Introduction: Jesus' Saving Death Gives Life

Because he loved us, God sent his Son into the world as man. By his death, Jesus brought us forgiveness and life.

# General Intercessions

God loved the world so much that he gave his only Son to save us and bring us life by his death and resurrection. Let us pray to Jesus for all who suffer and let us say: *R/ Lord, save us by your cross.*

- For those whose life lacks direction, that they may discover Christ the way, let us pray: *R/ Lord, save us by your cross.*

- For those whose ideals have faded, that they may see and accept the novelty of life and constantly renew themselves, let us pray: *R/ Lord, save us by your cross.*

- For the perennial losers of their personal struggles against the forces of evil, that they may trust in Christ, whose grace is mightier than sin and death, let us pray: *R/ Lord, save us by your cross.*

- For those who are lonely, deserted, or shut up within themselves, that they may accept the companionship of Christ and through him open themselves to others, let us pray: *R/ Lord, save us by your cross.*

- For all of us, that we may learn from our Lord himself to bear our crosses in patience and humility, that in some way they may bring life to us and to whoever is tired and discouraged, let us pray: *R/ Lord, save us by your cross.*

- For this community, that with Jesus our Savior it may be poor and serving and open to all people and all needs, let us pray: *R/ Lord, save us by your cross.*

Lord Jesus Christ, your cross remains a mystery to us, as does all pain and want. We rely on your word and example that your cross is a way to joy and freedom. Turn our crosses into bearers of happiness and life, now and for ever. *R/ Amen.*

## Prayer over the Gifts

Lord God, with this bread and this wine  
we celebrate the saving death of your Son.  
In moments when suffering strikes  
and when we find it hard to bear,  
give us the strength, Lord God,  
not to murmur and to contest  
but to accept that it is your way to glory,  
even if we do not understand fully.  
We ask you for this courage

through Christ our Lord. *R/ Amen.*

## Introduction to the Eucharistic Prayer

Remember that in this and every eucharist we celebrate the sacrifice of the cross by which Jesus brought us forgiveness and life. Let us thank the Father for it and offer ourselves with Jesus our Lord, that we may overcome evil with him.

#### Introduction to the Lord's Prayer

Grateful for his saving love,  
we pray to our Father in heaven

in the words of Jesus, our Savior: *R/ Our Father...*

#### Deliver Us

Deliver us, Lord, from every evil  
and forgive us the sins  
which caused your Son's death on the cross.  
Help us to join our crosses to his;  
give us courage and patience in life,  
as we wait in joyful hope

for the coming of our Savior Jesus Christ. *R/ For the kingdom...*

#### Invitation to Communion

This is the Lamb of God  
who died on the cross  
to take our sins away.  
Happy are we to be invited

to eat his bread of strength. *R/ Lord, I am not worthy...*

#### Prayer after Communion

God, our Lord and Father,  
we know that you have made us  
for joy and happiness,  
yet humiliation and death was the price  
which your Son had to pay.  
Let us never be ashamed of his cross  
or proclaim a painless Christianity,  
for we trust you when you call us  
to bear witness to you the way you want us to,

through Jesus Christ, your Son and Lord. *R/ Amen.*

#### Blessing

We ourselves have been marked  
with the sign of the cross  
as people saved by a serving Lord.  
On account of the cross,  
we have to learn to forgive,  
to bear one another's burdens  
and to accept the realities of life  
as people of hope and trust,  
with the blessing of almighty God,

the Father, and the Son, and the Holy Spirit. *R/ Amen.*

Let us go in the peace of Christ. *R/ Thanks be to God.*

