

# Liturgy Alive of 7th Sunday in Ordinary Time (B)

## Greeting

Let us give thanks to the Father  
through Christ Jesus our Lord  
who is our strength  
and who considers us worthy to serve him.  
Jesus Christ came into the world  
to save sinners, us first of all.

May his peace and forgiveness be always with you. *R/ And also with you.*

### Introduction by the Celebrant

Sometimes we encounter people who are paralyzed by the past; some have, so to speak, withdrawn from life because they cannot overcome their failures and they have given up. Others want to start afresh, but those around them nail them to their past and do not offer them new chances. God is different. To God, by-gones are by-gones. He not only forgives but wipes out the past of the sinner who repents. Even the invitation and strength to repent comes from God through Jesus Christ. All he wants is to make a new beginning with people. Let us celebrate in this Eucharist with joy Christ's forgiving and up-building love, get up from our paralyzing fears

and go with him new roads of hope and love.

### Penitential Act

Let us recognize truthfully and humbly  
that we have often failed the Lord  
and ask him for forgiveness and strength.  
(pause)  
Lord, you took our sins upon yourself  
to reconcile us with you and one another,  
but we often imprison people within their failures.  
Lord, have mercy. *R/ Lord, have mercy.*

Jesus Christ, you are attentive  
to every sign of sorrow and conversion,  
but we easily condemn and do not forget hurt feelings:  
Christ, have mercy. *R/ Christ, have mercy.*

Lord, you want to go with us  
new ways of friendship and hope,  
but we refuse to say the liberating word that restores people:  
Lord, have mercy. *R/ Lord, have mercy.*

Have mercy on us, Lord,  
do not remember our past;  
forgive us our sins and go with us the new way

that leads to everlasting life. *R/ Amen.*

### Opening Prayer

Let us pray to our merciful Father  
to forgive and restore us  
(pause)  
God of love and compassion,  
you are slow to anger but rich in mercy.  
Who can forgive like you,  
wholeheartedly and without regret?  
When we repent, you do not remember our sins  
but only the good we have done.  
In our humiliation and shame we pray you:  
touch us with your healing hand,  
set us free from our self-made prisons,  
and give us the joy and freedom brought us

by Jesus Christ our Lord. *R/ Amen.*

### Liturgy of the Word

#### First Reading Introduction: Not The Past But The Future

God does not want us to live in the past of our failures, but to go with his new ways toward the future.

## Second Reading Introduction: Constant, Because Of Christ

Paul asserts that he is firm and constant because of the strength of Christ in him. God makes us firm in Christ whose attitude was the "Yes" of faithfulness.

## Gospel Introduction: A Paralytic Can Walk Again

Jesus makes the paralytic walk again. By his power, those paralyzed by sin can again go the way to God.

## General Intercessions

With all the trust of the paralytic's friends, let us bring before the Lord the needs and miseries of the Church and of the world. Let us say: R/ Have mercy on your people, Lord.

- That the Church, aware of its own shortcoming and missed chances, may humbly offer forgiveness and strength to all who err, and become in the world a sign and instrument of reconciliation, let us pray: R/ Have mercy on your people, Lord.
- That nations may abandon the senseless race for advanced weapons that allow them to destroy one another; that together they may search for peace and cooperate in projects that benefit all, let us pray: R/ Have mercy on your people, Lord.
- That our homes may be places of mutual understanding and reconciliation; that the young may learn from their parents and each other to forget injuries and to accept and love one another in their diversity and individuality, let us pray: R/ Have mercy on your people, Lord.
- That we may show special love and care for the handicapped, for children who will never be able to play, for those who will never see God's colorful world, for those who will never hear songs of joy, let us pray: R/ Have mercy on your people, Lord.
- That in all Christian communities we may be less concerned about our rights and our offended pride, but rather, give Christ's love a fair chance to grow among us and to create us anew, let us pray: R/ Have mercy on your people, Lord.

Father, you are so good that our sins become small in comparison. Help us to say our yes to you and to all that is good, by the power of Jesus Christ our Lord. R/ Amen.

#### Prayer over the Gifts

God our Father,

we bring before you the stale bread of our sorrow  
and the sour wine of our indifference.  
These gifts remind us  
of the suffering and death of your Son  
that brought us healing and peace.  
Let them now become the bread of resurrection  
to a new life of hope and commitment  
and the wine of joy and brotherhood  
by which your Son goes with us  
his way of love to our neighbor

and to you, our God for ever. R/ Amen.

#### Introduction to the Eucharistic Prayer

Let us give thanks and praise to the Father through Jesus, who died for us so that our sins may be forgiven, and who rose from the dead to give us life and fresh hope.

#### Introduction to the Lord's Prayer

To our forgiving Father in heaven

we pray with Jesus our Lord: R/ Our Father...

#### Deliver Us

Deliver us Lord, from our sins  
and remember them no more.

Give us the peace of your forgiveness  
and reconciliation with those we have hurt.  
Set us free from our past  
and from our paralyzing fears,  
that we may go forward toward your future  
with courage and with joyful hope  
as we prepare for the full coming

of our Lord and Savior Jesus Christ. *R/ For the kingdom...*

#### **Invitation to Communion**

This is Jesus the Lord,

the Lamb of God who takes away our sins  
and heals all who come to him.  
Happy are we to be invited to his supper

of peace and reconciliation. *R/ Lord, I am not worthy...*

#### **Prayer after Communion**

Lord our God,

in this Eucharist your Son has given us  
the space to live and be happy.  
For he has assured us of your pardon  
and shared with us his table of friendship.  
Let him open our eyes  
to the good there is in people,  
that we may not remain strangers to one another  
but people who build through our deserts  
roads of understanding and love

that bring us together in Jesus Christ our Lord. *R/ Amen.*

#### **Blessing**

Dear friends in Christ:

It is rare for us, perhaps impossible,  
to forgive one another the way God forgives,  
completely, without regrets or second thoughts.  
Is it not this perhaps what is meant by the saying,  
"To err is human, to forgive divine?"  
Let us try with all that is in us  
to put back on their feet those paralyzed  
by their own limitations and our condemnations  
and to accompany them on their journey  
to God and to one another.  
May Almighty God help and bless us:

the Father, and the Son, and the Holy Spirit. *R/ Amen.*

Let us go with one another

the road of reconciliation and service. *R/ Thanks be to God.*