

# Liturgy Alive of Feria

ST. THERESA OF THE CHILD JESUS, Virgin

Memorial

October 1

## Introduction

Theresa Martin (1873–1897) entered the Carmel at the age of fifteen. Nine years later, she died of tuberculosis. In these few years, she lived the “little way of spiritual childhood.” It is not an infantile way but one demanding great strength and much grace. She had to fight her stubbornness and to struggle with aridity and depression.

Hers was the way of the little people, the poor of the beatitudes. It shows what God can do in us notwithstanding our human limitations, provided we let him.

## Opening Prayer

Father in heaven,  
your Son recommends to us  
to have the attitude of a child  
if we wish to enter into the kingdom of heaven.  
We thank you for St. Theresa,  
who lived the little way of the beatitudes.  
As your preference goes to children and the humble,  
we ask you to give us the heart of a child,  
unpretentious and receptive of love,  
trusting and believing in you and people,  
that we may become wise with your wisdom

and grow to the full size of Jesus Christ, our Lord.

## Prayer over the Gifts

Almighty and eternal God,  
your Son Jesus, voluntarily gave up  
all divine honors and privileges  
to become one of us and die our death.  
He gives himself to us here  
in the form of a humble piece of bread.  
Give us the attitude of Jesus,  
self-effacing and respectful  
before you and people  
and available to all calls and needs.

We ask this through Christ, our Lord.

## Prayer after Communion

No one as great as you, Lord our God,  
has made oneself as small as you;  
no one as distant as you  
has made oneself as near to us in our weakness  
as you in your Son, Jesus Christ.  
Make us see your Son  
and make us grow in him.  
Make us unassuming and spontaneous  
with you and with one another,  
in trust, hope, and joy.

like Jesus Christ, our Lord.