

# Liturgy Alive of Feria

## Opening Prayer

God our Father,  
we come to you in all humility  
as we acknowledge to you that we have failed  
and now seek your forgiveness.  
Straighten us Lord, lift us up,  
recreate us anew,  
and fill us with your love.  
Make us lift up one another  
and give thanks to you,  
our merciful and living God,  
  
through Jesus Christ, our Lord.

## Liturgy of the Word

### First Reading Introduction

Ephesians speaks of the qualities of love, as a response to the love shown us in Christ. By living in love, we also imitate God. As Christians, we are light and should live as children of light.

### Gospel Introduction

The stooped woman whom Jesus cured is just one sample of his love. Again, the legalists protest because Jesus cured a sick person on the Sabbath. Jesus appeals to their common sense. The Sabbath is a day of God, a day on which we remember the goodness of God and thank him for his love. Isn't the day of the Lord the best day on which we can pass on the love of the Lord to one another and create one another anew?

# General Intercessions

- That Christians everywhere may not be men and women of legalisms and outward observances, but people with a heart who do what they can for one another because they are God's children, we pray:
  - That we may be reliable friends to those marked by suffering in any form; that we may lighten their burdens and help them trust in God and in people, we pray:
- That the Eucharistic celebration on Sundays may be to all our Christian communities a source of great joy as we deeply encounter the Lord as a spring of strength to follow, we pray:

## Prayer over the Gifts

God our Father,  
in these signs of bread and wine,  
we offer you our grateful and admiring love  
as a gift of pleasing fragrance.  
Free us from our infirmities,  
help us to stand up in your presence  
as your sons and daughters,  
who know that you love us  
and who communicate that love  
to all whom we meet.  
  
We ask this in the name of Jesus, the Lord.

## Prayer after Communion

God our Father,  
through the presence of your Son,  
you have doubled our happiness  
and lessened our miseries.  
Let him give us in this Eucharist  
the joy of sharing with one another  
your own joy and goodness.  
May we be present to one another,  
as you are present to us  
  
in Jesus Christ, our Lord.

**Blessing**

On the day of the Lord, we intercede as mediators for the great needs of the Church, of the world, and of people in need. It is nice to pray for these intentions, but may the Lord inspire and empower us to do something effective to relieve these needs, whether on the Lord's day or any day, with the blessing of Almighty God, the Father, and the Son, and the Holy Spirit.