

# Liturgy Alive of 1st Sunday of Lent - C -

## Greetings *(See Second Reading)*

May the Word of God be near you,  
on your lips and in your heart.  
May your lips confess here  
that Jesus is our Lord and Savior.  
May his grace be always with you.

*R/ And also with you.*

## Introduction by the Celebrant

### A. Jesus Went Through Our Temptations

People of God, you who are tempted to let consumers' goods make you their slave and prisoner, Jesus refused to be fascinated by them and he wants us to hunger for people, for prayer and for God. People of God, you who are tempted to impress people and to control them, Jesus came to bring the power of love and he tells you to serve God in people. People of God, you who are tempted to create your own idols and to make yourself the center of the world, Jesus wants us with him to worship only God. With him who overcame our temptations we confidently enter this Lent.

### B. With Jesus In The Desert

At our baptism, through our godparents, we said NO to Satan and his temptations before we said YES to the covenant of love, which God offered to us. There we joined Jesus in his NO to Satan and his temptations that tried to make him abandon his mission of restoring people to God's covenant love. During Lent we are challenged to make this YES and this NO come true. Like Jesus, are we willing to be faithful to our mission in life, to join Jesus in his NO to all evil and in his YES to God and neighbor and to our truest self?.

## Penitential Act

We welcome this Lent as a time  
to seek conversion and reconciliation.  
(pause)  
Lord Jesus,  
let your Spirit lead us into the desert  
to recover the spirit of prayer:  
Lord, have mercy. *R/ Lord, have mercy.*  
Jesus Christ,  
let your Spirit lead us into the desert  
to rediscover our neighbor:  
Christ, have mercy. *R/ Christ, have mercy.*  
Lord Jesus,  
let your Spirit lead us into the desert  
to make us see again  
what really matters in life:  
Lord, have mercy. *R/ Lord, have mercy.*  
Lord, in your loving kindness  
forgive us all our sins  
and make us new and alive.

Lead us to everlasting life. *R/ Amen.*

## Opening Prayer

Let us pray to our living God  
to turn our heart to him  
(pause)  
God, you want to be near to us,  
you lead us with your Son Jesus  
to the desert of questions and temptations  
that you may speak to our heart  
and bring us back to you in loving trust.  
Open our eyes, our minds and our hearts  
to discard all that leads us astray  
and to look for you and for the plans you have  
for us and for the world.  
Let your Spirit give us the mentality of Jesus,  
that we may seek your will in all we do  
and serve you in our brothers and sisters.

We ask this through Christ our Lord. *R/ Amen.*

#### Liturgy of the Word

#### First Reading Introduction: A People Saved By God

Like the Jewish people, we must be convinced that it is God who makes us a free people: he is our Savior.

## Second Reading Introduction: Jesus Is Our Lord And Savior

This is the faith that we profess and live: Jesus is our Lord and he alone is our Savior, whatever our race or nationality.

## Gospel Introduction: Jesus Remained Faithful To His Mission

Jesus, God's Son, is the new human being who resisted the temptations of self-indulgence, power and trying to bend God to his will. We are called to follow him on his way of fidelity and responsible freedom.

#### General Intercessions

Let the Holy Spirit inspire our prayer as we bring before the Father the great needs of our brothers and sisters, of the Church, and of the world. Let us say: *R/ Hear us, Lord, and have mercy.*

- That the Lord may give us and all Christians a deep and strong faith, which we profess not only with our lips but which we also live in our deeds, let us pray: *R/ Hear us, Lord, and have mercy.*
- That we and all those caught up in material tasks and concerns may learn to seek other food than bread alone, let us pray: *R/ Hear us, Lord, and have mercy.*
- That we and all those who work to increase their influence and power may learn to seek the Lord and adore him alone, let us pray: *R/ Hear us, Lord, and have mercy.*
- That we and all those who are tried by temptations may remain faithful to God and answer his call to serve God and people, let us pray: *R/ Hear us, Lord, and have mercy.*
- That we and all those surrounded by suffering, injustice, and illness may be made more sensitive by the Lord to the needs of people and love them more, let us pray: *R/ Hear us, Lord, and have mercy.*

Loving Father, you stood by your Son in his temptations. Sustain those who hope in you and keep them in your love, now and for ever. *R/ Amen.*

#### Prayer over the Gifts

God of mercy and compassion,

we are aware of our weakness and our faults.  
We bring before you these signs  
of our good intentions and our will to change.  
Let them empower us with the strength of Jesus  
to give ourselves with him  
to you and to one another.  
Guide us by his Holy Spirit  
on the humble way of conversion.

We ask this in the name of Jesus the Lord. *R/ Amen.*

#### Introduction to the Eucharistic Prayer

Let us now with our hearts and voices give thanks to our Father that Jesus, suffering our temptations, overcame them and gives us the strength also to resist them.

#### Invitation to the Lord's Prayer

Let us pray in the words of Jesus  
to our Father in heaven  
to set us free from evil

and to stand by our side in days of trial: *R/ Our Father...*

## Deliver Us

Deliver us Lord, from every evil  
and grant us peace with you  
and with one another.  
When you test those who belong to you,  
do not allow us to yield  
to the seductive power of sin  
but refine our loyalty and love  
and strengthen us with the hopeful joy  
that you will complete your victory in us  
at the full coming  
of our Lord and Savior Jesus Christ.

*R/ For the kingdom...*

## Invitation to Communion

This is Jesus the Lord,  
who was tested for our sake  
and whom God raised from the dead.  
If we believe in him  
and eat his bread of life,  
we are saved.  
Happy are we to be invited  
to eat from his table.

*R/ Lord, I am not worthy...*

## Prayer after Communion

Lord God, our Father,  
you have let us encounter here Jesus,  
your Son, who had been tempted like us,  
and Jesus has refreshed our courage  
by his word, his example, and his body.  
By the strength of the food of the Eucharist  
lead us on our journey of forty days  
and take us to the mountain of Easter,  
that we may share in his risen power  
as people renewed to love and trust you more  
and to serve better our brothers and sisters.

We ask this through Christ our Lord. *R/ Amen.*

## Blessing

It is good for us to know  
that someone before us  
has successfully faced the illusions  
and the misleading attractions  
of a world estranged from God.  
With him we can overcome,  
we can make a strong choice  
for God, for people, and for our better selves.  
Let us go Christ's way,  
with the blessing of Almighty God,  
the Father, and the Son, and the Holy Spirit. *R/ Amen.*

Be guided by the Holy Spirit

on the road of conversion and renewal. *R/ Thanks be to God.*