

# Liturgy Alive of 5th Sunday of Lent -C-

## Greetings *(See Second Reading)*

With St Paul we say today:

"I forget the past  
and I strain ahead for what is still to come,  
for the prize to which God calls us."  
May the strength of the Lord Jesus  
be always with you.

*R/ And also with you.*

## Introduction by the Celebrant

### A. Throw No Stones

Have you ever had the experience of hurting someone very much but that the offended person forgave you, perhaps with difficulty, and accepted your apology, and that was the end? Do you remember how relieved you felt, as if you were a new person? That is how God keeps forgiving us: he makes us new every time again. Do we live as forgiven, new people? Do we make others new by our pardon? Let us encounter again in this Eucharist our patient, forgiving Lord Jesus.

### B. Look First Into Your Own Heart

When they have sinned, especially when grievously, some people are afraid that God is out to catch them, like a policeman who has to implement the law. Today we learn from Jesus that God goes beyond the law, for he forgives and keeps forgiving. This is the attitude we learn from God. Look into your own heart and see that you need forgiveness. And repeatedly so. Then you will also easily forgive others. Let us ask Jesus for this attitude, even when we still feel the hurt inflicted.

## Penitential Act

During this Lent we have looked into ourselves  
and, hopefully, realized that we are sinners  
in constant need of forgiveness.  
Let us seek the Lord's pardon.  
(pause)  
Lord Jesus, you throw no stones at us  
and you don't want us to throw them at anyone:  
Lord, have mercy. *R/ Lord, have mercy.*  
Jesus Christ, you do not condemn us  
for you have come to save what was lost  
and you want us to be free and alive:  
Christ, have mercy. *R/ Christ, have mercy.*  
Lord Jesus, you tell us to go  
and to sin no more:  
Lord, have mercy. *R/ Lord, have mercy.*  
Have mercy on us, Lord,  
forgive us and make us new.

Lead us to everlasting life. *R/ Amen.*

## Opening Prayer

Let us ask our Father  
that we may imitate his mercy  
(pause)  
God of life,  
this is the Good News you let us hear today  
through your living image, Jesus Christ:  
Love is stronger than death,  
you want the sinner to live  
and to become all new.  
Let us no longer live in the past of sin  
but make us free for life and for love.  
Give us hearts as merciful to one another  
as you have been lenient and loving to us.

We ask you this through Christ our Lord. *R/ Amen.*

## Liturgy of the Word

### First Reading Introduction: Forget The Past; Go Forward With Me

To his chosen people suffering in exile, God says: I have done great deeds of salvation for you in the past. I will do greater things for you in the future.

## Second Reading Introduction: Push On To What Is Ahead

Once Paul had been "seized" by Christ, the past no longer counted, and he strained toward his future in Christ, by the strength of the Risen Lord.

## Gospel Introduction: Go Away And Don't Sin Any More

The mission of Jesus is not to judge and condemn but to forgive and to give new chances in life. Isn't that our mission too?

## General Intercessions

In his love, God wants to make the world ever new. Let us entrust to his mercy our intentions and those of our brothers and sisters. Let us say: *R/ Lord of life, in you we trust.*

- For the Church we love, that it may be in our world a place and a sign of forgiveness and reconciliation, let us pray: *R/ Lord of life, in you we trust.*
- For those who condemn and for those who are condemned, let us pray: *R/ Lord of life, in you we trust.*
- For broken homes and for families that are united, let us pray: *R/ Lord of life, in you we trust.*
- For those wounded by the hardships of life and for those who keep hoping, let us pray: *R/ Lord of life, in you we trust.*
- For those in authority, that they pay attention to the people's needs and not crush anyone with their power, let us pray: *R/ Lord of life, in you we trust.*
- For our Christian communities, that we keep accepting everyone with understanding and compassion, let us pray: *R/ Lord of life, in you we trust.*

Lord our God, we thank you for listening to us and for showing us your patient mercy, through Jesus Christ our Lord. *R/ Amen.*

### Prayer over the Gifts

Lord God, merciful Father

in these signs of bread and wine  
we share in the forgiveness and life  
of your Son Jesus Christ.  
By his body and blood  
make us, limited and fallible people,  
your new creation, your people of hope,  
capable of rising above ourselves  
and preparing your new heaven and new earth.  
For we expect everything from you

through Jesus Christ our Lord. *R/ Amen.*

### Introduction to the Eucharistic Prayer

through Jesus our Lord we thank our Father for forgetting our past and leading us to a future of love and justice and freedom.

### Invitation to the Lord's Prayer

In the words of Jesus our Lord  
we call on our Father in heaven

to forgive us as we forgive others: *R/ Our Father...*

## **Deliver Us**

Deliver us Lord, from a past of evil,  
from everything that estranges us  
from you and one another.  
Gather us in the solidarity and peace  
of one faith, one hope, one love,  
as people set free by your Son.  
May we spread your reconciliation  
to build up a liberated world  
and to wait in hope for the coming in glory  
of our Lord and Savior Jesus Christ.

*R/ For the kingdom...*

## **Invitation to Communion**

This is the Lamb of God  
who does not condemn us  
but makes with us  
an ever-new beginning.  
Happy are we to be invited  
to hear his words of forgiveness  
and to eat his bread of life.

*R/ Lord, I am not worthy...*

## **Prayer after Communion**

Tender and compassionate Father,  
we thank you for letting us share  
in the sacrifice of your Son  
that brought us your pardon and peace.  
Let him give to us, pardoned sinners,  
the strength to remain faithful to you.  
Let us be disciples demanding to ourselves  
and very merciful to others.

We ask this through Christ our Lord. *R/ Amen.*

## **Blessing**

We have heard today our Lord's invitation  
not to shut ourselves up  
in the mediocrity of our past  
but to set out boldly for the future  
with fresh generosity.  
This future will not be without difficulties:  
the Lord never promises an easy life.  
But he promises to be with us  
with the blessing of Almighty God,  
the Father, and the Son, and the Holy Spirit. *R/ Amen.*

Let us go in the joy

and the strength of the Lord. *R/ Thanks be to God.*