

Liturgy Alive of Feria

Opening Prayer

Lord God, our Father,

you care about the birds in the sky
and let them find food in due time.
You clothe the flowers in the field
with colors and fragrance.
So why should we worry?
We thank you for the gift of life,
for loving us and caring for us
free of charge.
Keep us firmly in your hand

on account of Jesus Christ, our Lord.

Liturgy of the Word

First Reading Introduction

Paul speaks of the extraordinary graces and experiences he had been given by God.

Gospel Reading Introduction

Too often, we worry much more than we should and about things that, after all, don't matter much. Are not our fears and worries mostly about things and events of the future, and do they not usually prove groundless? We are in God's hands. He who cares for the birds in the sky cares for us and knows what we need. Let's be concerned, then, about making his kingdom a reality now; this is all that matters.

General Intercessions

– For journalists and those in the media, who denounce the injustices and corruption in our world, that the Lord may strengthen and protect them and that we and all people may listen to them, we pray:

– For the poor and the needy, that they may experience God's concern for them through the generosity of our hearts, we pray:

– For all of us, that we may not burden ourselves with unnecessary worries and artificial needs, but learn to entrust ourselves into the hands of a loving God, we pray:

Prayer over the Gifts

Our God and Father,

you have set for us, your children,
the feast meal of Jesus, your Son.
You provide us with food and drink
that give everlasting life.
We offer you our life and efforts,
our worries and our cares.
Accept them as a token of our gratitude
and of our deep and lasting trust
in you, our loving God.

We ask this in the name of Jesus, the Lord.

Prayer after Communion

Lord God, our Father,

in this Eucharist, you have reassured us
that you know what we need
better than we ourselves do,
and that you are with us
through Jesus Christ, your Son.
Let him always stay with us,
that we may forget our self-created little worries
and give first place to you
and to your kingdom of mercy and goodness,
of integrity and committed justice.
Let these be our genuine concerns

on account of Jesus Christ, our Lord.

Blessing

God really cares for us. If he cares for the birds in the sky and the flowers in the field, why would he not care for us? We are in his hands. May the God who loves you bless you, the Father, and the Son, and the Holy Spirit.