

# Liturgy Alive of Feria

## Opening Prayer

God, your Spirit makes us cry out to you:

"God, our Father!"  
Do not allow us any longer  
to serve you in slavery to any law  
but in a spirit of sons and daughters,  
all your children,  
that makes us go far beyond the law.  
Yes, make us see and practice  
that we are committed to your person  
through bonds of love  
in response to your gratuitous love  
which sought us out personally  
even before we were aware of it.  
We thank you for being our Father

through Jesus Christ our Lord.

## Liturgy of the Word

### First Reading Introduction

We are sons and daughters of God because the Spirit of Christ, the perfect Son, is alive in us. With Christ and through his Spirit, we can call God our Father. He is a father with a love warm and tender as that of a mother. God is not a paternalistic Father. He respects our freedom. He wants us to be responsible and mature and to give him a free answer of love. He wants us to serve him as spiritual people, that is, people moved by the Spirit, without any slavish attitude.

# Gospel Introduction

The stooped woman whom Jesus cured is just one sample of his love. Again, the legalists protest because Jesus cured a sick person on the Sabbath. Jesus appeals to their common sense. The Sabbath is a day of God, a day on which we remember the goodness of God and thank him for his love. Isn't the day of the Lord the best day on which we can pass on the love of the Lord to one another and create one another anew?

# General Intercessions

– For the Church, the body of Christ, that it may not be divided into factions and that it may become to all a sign of unity and love, we pray:

– For the whole wide world, that all peoples may discover that God loves them tenderly as his sons and daughters, we pray:

– For all of us, that we may forgive one another from the heart, seek no revenge, bear no grudges, and learn to see others as people loved by the same Father, we pray:

## Prayer over the Gifts

Great and holy God,

we may call you Father  
for we are truly your sons and daughters.  
God, accept our thanks  
through Jesus, your Son,  
who came among us  
to make us your children.  
As he will be with us  
in these signs of bread and wine,  
may he give us a deeper spirit  
of being your sons and daughters  
that we may serve you as he did,  
with a love that does not weigh the cost

but is always responsive to your love for ever.

## Prayer after Communion

God, our Father,

as we go back to our work and to people,  
may your Spirit be truly our guide in life.  
As the Spirit of love, may he help us  
to see the needs and sufferings of those around us,  
to feel with them and to help them;  
as the Spirit of freedom,  
may he make us responsible and mature  
with the maturity to which you call us

in Jesus Christ our Lord.

**Blessing**

Free sons and daughters of the Father, that is what we are. How great, and yet we know all this is a free gift from God. God has made us his children through our brother Jesus Christ. May he keep blessing you, the Father, and the Son, and the Holy Spirit.